Resource Directory for Navajo & Apache Counties:

Note: Please call each provider to confirm the location, specific requirements, what is offered, and times of operation prior to going for service. All numbers are (928) prefix unless otherwise indicated.

_						
Fm	erg	enc	vΝ	um	bei	s:

Poison Control 800-222-1222

S			

Apache County	(928) 337-4321
Navajo County in Holbrook	(928) 524-4050
Navajo County in Show Low	(928) 532-6060

Police:

Eager	(928) 333-4127
Fort Apache	(928) 338-4942
Pinetop/Lakeside	(928) 368-8800
Snowflake/Taylor	(928) 536-7500
Springerville	(928) 333-4240
St. Johns	(928) 337-4000

Medical:

Medical:	
Cibecue Health Center	(928) 332-2560
Little Colorado Medical Center	(928) 289-4691
North Country Health Care/Sho	w Low (928) 537-4300
North Country Health Care/Holl	brook (928) 524-2851
Kandice Pena-Community Healt	th (928) 524-2851
North Country Health Care/Win	slow (928) 289-2000
Summit Healthcare Community	Clinic (928) 535-3616
Summit Medical Center	(928) 537-4375
White Mountain Regional Medi	cal Center (928) 333-4368
Whiteriver Hospital IHS	(928) 338-4911

Navajo County Public Health Services District: (WIC, Family Planning, STD Testing, Death & Birth Certificates, etc.)

Holbrook office-117 East Buffalo St.	(928)524-4750
Show Low office-600 North 9 th Place	(928) 532-6050
Winslow office-619 E. Third St.	(928) 289-6830

Apache County Public Health Services District:

Public Health Services in Round Valley	(928) 333-2415
Public Health Services in St. Johns	(928) 337-7525

WIC: Women, Infants, & Children: Navajo County

(928) 535-7115
(928) 524-4750
(928) 367-4633
(928) 532-6050
(928) 536-4656
(928) 289-6830

Childcare:

DES Childcare:		
Eager		333-3161
Holbrook		524-2812
Show Low		532-4381
Head start (free preschool for income eligib		
Holbrook		524-6831
McNary		334-2165
Pinetop/Lakeside		367-2121
Show Low Snowflake		537-7716
	, ,	536-7330
Whiteriver		338-4338
Winslow		289-2651
Childcare Resource & Referral	(800)3	308-9000
Clothing:		
Salvation Army	(928)	368-9953
CPS-Child Protective Services	(928)	532-4391
Counseling:		
Alcoholic Anonymous Hotline	(928)	537-7800
Al-Anon or Al-ATeen Meetings	(888)	425-2666
Arizona Smokers Helpline	(800)	556-6222
Community Counseling Centers in Holbrook		
Community Counseling Centers in Show Low		
Community Counseling Centers in Winslow		289-4658
Family First Counseling		532-1498
Grace Church-group sessions		537-4817
LDS -social services, counseling, &adoptions		
Little Colorado Behavioral Health Centers	(, -	
Navajo County Coalition Against Drugs	(928)	368-7519
Springerville		33-2683
St. Johns		337-4301
Salvation Army		368-9953
Suicide Prevention Lifeline		273-8255
Tall Pines Rehab		537-5333
White Mountain Counseling		532-3238
White Mountain Psychological Services		367-8243
Pregnancy Testing & Assistance:	(000)	
Blue Ridge Clinic		367-3926
Health Department (by appt.)-Holbrook	. ,	524-4750
Health Department in Show Low		532-6050
Health Department in Winslow		289-6830
Lakeside Family Health Center		537-4379
LDS Social Services & adoptions		536-4117
Living Hope Women's Center		537-9032
New Life Pregnancy Center		536-4760
North Country Health Care/several locations		
Salvation Army-Mtn. Mission Clinic	. ,	368-9953
Stat Clinic in Show Low		537-9300
Silver Creek Walk In Clinic		536-4322
Snowflake Medical Center & walk in clinic		536-7519
Snowflake Women's Clinic	(928)	536-5377
Snowflake/Heber Women's Clinic	(928)	535-4539
University Ob/Gyn	(928)	537-9844
In home family support-Parenting AZ	(928)	587-8155
(Winslow)		
The Nurses Office	(928)	368-0461
(free mammograms for those who qualify)		
Domestic Violence Shelters & Programs:		
Alice Place in Winslow	(928)	289-3003
Bread of Life Mission in Holbrook		524-3874

White Mountain Safe House

(800) 224-1315

Е	lder	ly &	Disab	led A	Assis	tance:
---	------	------	-------	-------	-------	--------

Adult Protective Services	(928) 532-4330
Arizona Long Term Care System(ALTCS)	(928) 537-1515
Cibecue Elderly Feeding	(928) 332-2434
Division of Developmental Disabilities	(928) 532-4300
Housing Repair Assistance	(928) 532-2270
Love Kitchen	(928) 367-6505
Management of Chronic Illness Courses	(928) 532-6050
Matter of Balance Courses	(928) 532-6050
NACOG-local office-area on aging	(928) 367-6269
NACOG services	(877) 521-3500
Southwest Fair Housing Council	(520) 798-1568
Veterans Assistance	(928) 537-2044
White Mountain Sub Vets-Buck	(928) 242-3822
WMAT Elderly Services	(928) 338-2554

Senior Centers:

Holbrook Senior Center	(928) 524-6044
Rim Country Senior Citizens	(928) 535-5525
Round Valley Senior Citizens Center	(928) 333-2516
Senior Citizens Center Pinetop/Lakeside	(928) 368-5869
Senior Citizens Center St. Johns	(928) 337-2764
Show Low Senior Center	(928) 532-0656
Silver Creek Senior Center/Snowflake	(928) 536-2222
Winslow Senior Center	(928) 289-3341

Suicide Prevention Programs:

Apache Tribe Behavioral Health	(928)	338-4811
Community Counseling Centers in Holbrook	(928)	524-6126
Community Counseling in Show Low	(928)	537-2951
Community Counseling in Winslow	(928)	289-4658
John Hopkins Suicide Prevention Team	(928)	338-5215
Little Colorado Behavioral Health SPV	(928)	333-2683
Little Colorado Behavioral Health St Johns	(928)	337-4301
Suicide Prevention Lifeline	800-2	73-8255

Pharmacies:

i ilai illacics.	
CVS Pharmacy	(928) 532-3200
K-Mart	(928) 537-5234
Safeway Food & Drug in Lakeside	(928) 367-5440
Safeway Food & Drug in Show Low	(928) 532-5660
St. Johns Drug	(928) 337-2229
Silver Creek Pharmacy Overgaard	(928)535-6626
Silver Creek Pharmacy Taylor	(928) 536-2044
Walgreen Drug Store	(928) 532-5502
Wal-Mart in Show Low	(928) 537-3010
Western Drug & General Store	(928) 333-2916
Whiteriver Indian Hospital	(928) 338-4911

Social Security Administration:

Call 1-800-772-1213

Motor Vehicle Division:

Driver's License, vehicle registration (800)251-5866

Fire Departments (non-emergency calls): All Emergency Calls Dial 911

All Lillergelicy Calls Dial 311	
Cibecue	(928) 332-2302
Concho	(928) 337-2681
Eager	(928) 333-4363
Forest Lakes	(928) 535-4644
Greer	(928) 735-7279
Heber/Overgaard	(928) 535-4346
Holbrook	(928) 524-3898
Kayenta	(928) 697-3350
Lakeside	(928) 368-6112
Linden	(928) 537-1101
McNary	(928) 338-4311
Pinetop	(928) 367-2199
Show Low	(928) 537-5100
Snowflake	(928) 536-7400
Springerville	(928) 333-2422
St Johns	(928) 337-3070
Taylor	(928) 536-7900
Whiteriver	(928) 338-4311

White Mountain Apache Tribe:

Apache Behavioral Health	(928) 338-4811
Ambulance (emergency only)	911
Ambulance (non-emergency only)	(928) 338-3737
Apache Diabetes Wellness Program	(928) 338-4460
Apache Propane	(928) 338-4802
Children's Shelter	(928) 338-4614
Cibecue Elderly Feeding	(928) 332-2434
Community Health Center (Cibecue)	(928)332-2310
Community Health Center (Whiteriver)	(928) 338-4822
Day Care Center	(928) 338-4555
EMS in Cibecue	(928) 332-2302
Elderly Services	(928) 338-2554
Fire & Rescue (emergency calls)	911
Fire & Rescue (non-emergency calls)	(928) 338-4311
Fire & Rescue for Cibecue	(928) 332-5326
Food Distribution	(928) 338-4964
Head Start in Cibeque	(928) 332-2581
Head Start in Whiteriver	(928) 338-4938
Health Education Program	(928) 338-4953
John Hopkins Suicide Prevention	(928) 338-5215
Indian Health Services	(928) 338-4911
Police Department Cibecue	(928) 332-2555
Police Department Whiteriver	(928) 338-4942
Tribal Business	(928) 338-4346

Church & Other Assistance Programs:

Arizona Baptist Children's Services	(928) 536-4760
Catholic Charities in Holbrook	(928) 524-9720
LDS Social Services	(928) 536-4117
White Mountain Catholic Charities in	(928) 367-2244
White Mountain Christian Church	(928) 537-7926

Department of Economic Security:

Arizona Workforce Connection	(928) 532-1516
SNAP-Nutrition Assistance	(928) 532-4300
Division of Developmental Disabilities	(928) 532-4300
Holbrook Department of Economic Sec.	(928) 524-6294
Spingerville Department of Economic Sec.	(928) 333-4260

Food Banks:

Butterfly Boutique/White Mountain Safe House

Phone: (928) 367-3700 (928) 367-6017 Boxes at Butterfly Boutique 857 E White Mountain Boulevard, Lakeside (by Beverage House and The Lodge) Boxes done on Thursday 9:00-5:00 Pic ID required, no residence required

Some paperwork on first visit

1 box per month limit

*Meat Bag: \$16.00 for 20-25lbs. of meat plus produce Order and pre-pay one month in advance for meat bag

Catholic Charities/Grace Church

Phone: (928) 367-2244 (928) 368-6660

Running Bear Trailer Park

3179 W. White Mountain Blvd., Lakeside Boxes Wednesday 11:00 AM-1:00PM

First Baptist Church

Phone: (928) 537-4749 700 N. Central Ave., Show Low

Food Boxes done Thursday 9:00AM-11:30AM

Picture ID, one box per month,

Proof of residence in Show Low, Linden, Pinedale, Vernon, White

Mtn. Lakes

Feed the hungry free dinner every Tuesday and Thursday 5:00-

6:30PM-no ID required

Love Kitchen

Phone: (928) 367-6505 1715 E. Penrod, Pinetop

Food boxes done Wednesday 11:30 AM-12:30 PM or until gone

No requirements, no cash assistance

Old Concho Food Pantry

Phone: (928) 337-5047 Highway 180A & 61, Concho

Food boxes done Mon., Wed., & Thurs. 9:00AM- 2:00PM Proof of residence, 1 box a month limit, proof of income

Emergency boxes available ask for details

Our Lady of the Assumption in Overgaard

Phone: (928) 535-3457 Highway 277, Overgaard

Food boxes done 2nd Wednesday of each month 8:00AM until out Produce only 4th Wednesday of each month 8:00AM until out

ID required

Pinetop Baptist Church

Phone: (928) 367-0766

1901 E. White Mountain Blvd, Pinetop

Residents of Pinetop, Lakeside, McNary with Navopache Elect. Bill

State photo ID required

Food boxes done on Thursday 10:00AM-2:00PM

Shepherd's Kitchen

Phone: (928) 536-3086 153 North Main, Snowflake Food boxes done Tuesday-Friday 12:00PM to 3:30PM Proof of physical address (utility bill) Income verification

Snowflake Food Bank

All three sites require the following: Proof of physical address residing in Snowflake, Taylor, or North of White Mountain Lakes Photo ID

Our Lady of the Snow Catholic Church (1)

Phone: (928) 536-3213 1655 S. Main, Snowflake

2nd Wednesday of the month 10:00-12:00 or until gone Vegetables only 4th Monday 10:00-12:00 or until gone

Snowflake Cedar Hills Pantry (2)

Phone: (928) 536-3213 8963 Charolaise Trail, Snowflake

2nd Thursday of the month 10:00-12:00 or until gone

Country Store (3)

Phone: (928) 536-3213 Concho Highway

Vegetables on the 4th Monday of every month 1:30PM-3:00PM or

until gone

The Salvation Army

Phone: (928) 368-9953

4367 W. White Mountain Blvd. #8A (on Kay Rd.), Lakeside

Emergency boxes only

White Mountain Christian Church

Phone: (928) 537-7926

Show Low

Emergency boxes only call for information

White Mountain Community Food Bank

Phone: (928) 537-9087

Living Waters Church

820 N. Moonridge Dr., Lakeside

Food boxes-1 $^{\text{st}}$ & 3 $^{\text{rd}}$ Mondays 8:00AM-10:00AM

Wage card outside-you decide No residence requirements

Emergency boxes available call for information

Winslow Food Bank (St. Vincent De Paul)

Phone: (928) 289-0146 1117 W. 2nd St., Winslow

Bring proof of Winslow physical address and picture ID

Mon, Wed, Fri 10:00AM till noon